



# JASON REID

Embracing Invisible Disabilities in the Workplace  
Professional Speaker and Author

416.712.9563 [jason@jasonreid.ca](mailto:jason@jasonreid.ca)

Chronic illness and invisible disability are topics that Jason Reid knows well. Despite having lived with Crohn's disease and arthritis all of his life, Jason built an impressive career in network television as a writer, producer and executive. Now he shows audiences how to overcome adversity, succeed in the face of illness, and effectively manage people with invisible disabilities in the workplace.

## Who is Jason Reid?

Chronic illness and invisible disability are serious topics. In order to get an audience truly engaged however, you need a presenter who has just the right balance of tact, humour and humanity.

Jason is uniquely suited to talk about chronic illness, disability and work. He has been on both sides of the fence, as an ill employee and also a manager of others.

Jason's life and work have exemplified two key ideas which he covers in his talks. The first is that chronic conditions should never get in the way of having hopes, and living out dreams. It's only when we stop striving to live our best lives that our situation truly becomes helpless.

The second key idea is that chronic illness in the workplace is best dealt with through understanding, flexibility and diversity of thought. The most effective work accommodations are often be the least expensive and can ideally lead to improved working conditions for everyone.

Jason's sense of humour and compelling personal stories have made him a favourite with a wide range of audiences – from people living with adversity, to health professionals, HR audiences, business organizations and more.

Jason is much more than just a speaker with an invisible disability. Despite his significant health challenges, Jason has been a successful journalist, TV executive, award-winning story-editor, and professional speaker.

Having been diagnosed with both Crohn's disease and arthritis at eight years old, Jason has endured five major surgeries, as well as a hip replacement and an ileostomy. Like many people with invisible disabilities, Jason has to regularly cope with chronic pain and the unpredictable nature of chronic illness itself.

Thankfully, his ambition and resilience match his challenges. He began his career as a journalist and screenwriter and eventually moved to television news where he was not only a writer, but also a producer and news director at *The Weather Network*. Despite his numerous television awards, he is most proud of the leading role he took in accommodating staff with invisible disabilities and helping them perform at their best.

Jason is also author of the book *Thriving in the Age of Chronic Illness and Invisible Disability – A guide for people with chronic health conditions and the organizations that employ them.*

To see Jason speak and for more information go to:  
[ChronicIllnessKeynoteSpeaker.com](http://ChronicIllnessKeynoteSpeaker.com)

“Thank you so much, Jason – It was an incredibly impactful session. You have continuously been so accommodating, cooperative, and just a pleasure to work with!”

C. McKelvey, T.D. Bank Group



**Jason’s programs can be customized to suit your needs, and are perfect for in-person, virtual or hybrid events.**

### ***Embracing Invisible Disabilities in the Workplace***

One in three working-age adults have an invisible disability and that number is rising. The good news is that people with invisible disabilities can be just as productive as anyone else. However, embracing invisible disability in the workplace requires trust, good communication and an innovative mindset

Jason shares real-life insight into what it is like to work with an invisible disability, as well as manage and support others who have the same challenges.

#### **Attendees will learn:**

- The challenges of invisible disability in the workplace and mindset for success.
- How managers and employees with invisible disabilities can build trust and improve communication.
- How peers and managers can support those with invisible disabilities by adopting an innovative mindset towards accommodation.

#### **Added Value! Packages can include:**

- Print or digital copies of Jason’s book *Thriving in the Age of Chronic Illness and Invisible Disability*.
- A fully-captioned video of the presentation for your training library.
- Fully accessible PowerPoint or other handouts for your training library.



### **Expert Panel “In A Box”**

Many workers today face a tsunami of personal challenges and stressors. Some are challenged by mental or physical illness, or disability themselves, while others act as caregivers to parents or family members who have similar issues. The result is a balancing act of work and personal obligations.

This expert speaker panel can focus on questions relevant to your organization and audience and cover topics that will provide value to both employees and managers alike. In addition to Jason, panel regulars also include:

**Trish Robichaud:** an international consultant on disability and accessibility issues.

**Shirley Edwards:** an expert in family caregiving.

**Kristin Light:** a speaker on mental health and the workplace.

**Krista Rowan:** Formerly a professional project manager bedridden with arthritis, she is now a major Tiktok influencer who speaks about possibility and thriving with illness.

Panel discussions can be more challenging to organize than a typical presentation. Jason makes it easy by providing the panel for you, handling most of the logistic and payment details.

Jason’s presentation was flawless, personable, and insightful. He communicated to our audience with kindness and wisdom.

Jerica Manuel, PocketWatch Inc.

