



JASON REID

Speaker on Chronic illness and Disability

416.712.9563 jason@jasonreid.ca

Chronic illness and invisible disability are topics that Jason Reid knows well. Despite having lived with Crohn's disease and arthritis all of his life, Jason built an impressive career in network television as a writer, producer and executive. Now he shows audiences how to overcome adversity, succeed in the face of illness, and effectively manage people with chronic diseases in the workplace.

Chronic illness and invisible disability are serious topics. In order to get an audience truly engaged however, you need a presenter who has just the right balance of tact, humour and humanity.

Jason is uniquely suited to talk about chronic illness, disability and work. He has been on both sides of the fence, as an ill employee and also a manager of others.

Jason's life and work have exemplified two key ideas which he covers in his talks. The first is that chronic conditions should never get in the way of having hopes, and living out dreams. It's only when we stop striving to live our best lives that our situation truly becomes helpless.

The second key idea is that chronic illness in the workplace is best dealt with through understanding, flexibility and diversity of thought. The most effective work accommodations are often the least expensive and can ideally lead to improved working conditions for everyone.

Jason's sense of humour and compelling personal stories have made him a favourite with a wide range of audiences – from people living with adversity, to health professionals, HR audiences, business organizations and more.

Who is Jason Reid?

Jason is much more than just a speaker with an invisible disability. Despite his significant health challenges, Jason has been a successful journalist, TV executive, award-winning story-editor, and professional speaker.

Having been diagnosed with both Crohn's disease and arthritis at eight years old, Jason has endured five major surgeries, as well as a hip replacement and an ileostomy. Like many people with invisible disabilities, Jason has to regularly cope with chronic pain and the unpredictable nature of chronic illness itself.

Thankfully, his ambition and resilience match his challenges. He began his career as a journalist and screenwriter and eventually moved to television news where he was not only a writer, but also a producer and news director at *The Weather Network*. He was won prominent broadcasting awards including the RTNDA diversity award for network television, Two New York Festivals World Medals and a Telly award. He is currently

Jason is also author of the book *Thriving in the Age of Chronic Illness and Invisible Disability* – A guide for people with chronic health conditions and the organizations that employ them.

To see Jason speak and for more information go to:
chronicillnesskeynotespeaker.com

“Thank you so much, Jason – It was an incredibly impactful session. You have continuously been so accommodating, cooperative, and just a pleasure to work with!”

C. McKelvey, T.D. Bank Group



Jason’s programs can be customized to suit your needs. Here are a list of popular talk topics:

Embracing Invisible Disabilities in the Workplace

One in three working-age adults have an invisible disability and that number is rising. The good news is that people with invisible disabilities can be just as productive as anyone else. However, embracing invisible disability in the workplace requires trust, good communication and an innovative mindset

In this online presentation, professional storyteller Jason Reid shares real-life insight into what it is like to work with an invisible disability, as well as manage and support others who have the same challenges.

Attendees will learn:

- The challenges of invisible disability in the workplace and mindset for success.
- How managers and employees with invisible disabilities can build trust and improve communication.
- How peers and managers can support those with invisible disabilities in the workplace by adopting an innovative mindset.

How to Recruit Candidates with Invisible Disabilities and Encourage Them to Disclose

Despite the potential benefits to both the organization and the employee, people with invisible disabilities are often extremely reluctant to disclose their disability for a number of reasons. These vary from concerns about

discrimination to a simple belief that they are not ‘disabled’.

By educating organizations to better communicate with candidates and hires on what constitutes a disability, they can not only improve diversity in their workforce but also get new hires to disclose early in the process.

Attendees will learn:

- Why candidates and hires may not disclose their invisible disability.
- Why words like “disability”, “disclosure” and “accommodation” can confuse or intimidate people.
- Strategies and ideas to better communicate what constitutes an invisible disability and why it’s important to disclose.

Overcome Adversity by Aiming Higher

When we face life obstacles such as long-term illness, we often withdraw and avoid activities that build personal growth. There are times when that work promotion, new project or personal challenge is just what we need to add energy and vitality to our lives and add value to those we serve.

Jason takes you on an inspirational journey filled with funny and emotional true-life stories to show you what is possible in even the worst of times when you take responsibility for inspiring yourself and others.



“Jason brings a professional, warm and inviting approach to his talks.

He is reliable, authentic and a pleasure to work with.”

Elaine Austin, Canadian Manufacturers & Exporters